

**Twelve Steps of Narcotics Anonymous**

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take a personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry the message to addicts, and practice these principles in all our affairs.

**Service Meeting**

ASC meets the 2<sup>nd</sup> Saturday of every month  
at Holy Trinity Church, Saskatoon  
**3572 – 33<sup>rd</sup> Street West, @ 10:00 am**  
(If that falls on a long weekend,  
the meeting is moved to the  
following Saturday)

**PHONE NUMBERS**


Last updated: February 2018

**– MEETING LIST –**

**Central Saskatchewan Area  
of Narcotics Anonymous**

PO Box 9718

Saskatoon, SK, S7K 7G5

**Area Telephone Number**

306.652.5216

**[www.csana.org](http://www.csana.org)**

**[casac@csana.org](mailto:casac@csana.org)**

**Serenity Prayer**

God grant me the serenity  
To accept the things I cannot change  
The courage to change the things I can  
And the wisdom to know the difference



**Third Step Prayer**

Take my will and my life  
Guide me in my recovery  
Show me how to live

## Saskatoon

<b>DAILY</b> 9:00 am O	<b>RECOVERY ROCKS</b> Friendship Inn 619 20 <sup>th</sup> Street West
<b>SUNDAY</b> 8:00 pm CN NS WC	<b>EAGLE'S NEST</b> Preston Ave Community Church 2216 Preston Avenue
<b>MONDAY</b> 7:30 pm O CN	<b>THE JOURNEY CONTINUES</b> St Andrew's Church 436 Spadina Crescent East
<b>MONDAY</b> 8:00 pm CL NS	<b>CIRCLE OF HOPE</b> MACSI Centre 335 Avenue G South
<b>TUESDAY</b> 8:00 pm C WC	<b>EASY DOES IT</b> St Thomas Wesley United 808 – 20 <sup>th</sup> Street West
<b>WEDNESDAY</b> 8:00 pm C NS	<b>A NEW HOPE</b> St Martin's United Church 2617 Clarence Avenue South <i>(East back door of building)</i>
<b>THURSDAY</b> 7:00 pm O LIT	<b>BACK TO THE BASICS</b> Zion Lutheran Church 323 – 4 <sup>th</sup> Avenue South
<b>THURSDAY</b> 8:00 pm C O CN WC	<b>FORWARD BOUND</b> Christ Church 515 – 28 <sup>th</sup> Street West
<b>FRIDAY</b> 12:00 noon C LIT	<b>THE FREEDOM GROUP</b> Zion Lutheran Church 323 – 4 <sup>th</sup> Avenue South
<b>FRIDAY</b> 8:00 pm O WC	<b>JUST FOR TODAY</b> St Thomas Wesley United 808 – 20 <sup>th</sup> Street West

## Saskatoon continued...

<b>SATURDAY</b> 10:00 am C WC	<b>ON THE MEND</b> Grace Lutheran Church 603 115 <sup>th</sup> Street East
<b>SATURDAY</b> 8:00 pm C WC	<b>SAFE PASSAGE TO RECOVERY</b> Grace Westminster Church 505 – 10 <sup>th</sup> Street East

## Meadow Lake

<b>TUESDAY</b> 8:00 pm O	<b>FLYING DUST</b> Flying Dust Health Centre 8001 Flying Dust Reserve
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## Melfort

<b>SUNDAY</b> 7:00 pm WC NS	<b>LAST CHANCE</b> Melfort Hospital Conference Room #4
<b>THURSDAY</b> 8:00 pm WC NS	<b>LAST CHANCE</b> Melfort Hospital Conference Room #4

## North Battleford

<b>MONDAY</b> 8:00 pm C WC	<b>SHARING RECOVERY</b> Third Avenue United Church 13 <sup>th</sup> Avenue & 102 <sup>nd</sup> Street
<b>THURSDAY</b> 7:00 pm C WC	<b>SHARING RECOVERY</b> Third Avenue United Church 13 <sup>th</sup> Avenue & 102 <sup>nd</sup> Street
<b>SATURDAY</b> 8:00 pm NS WC	<b>SHARING RECOVERY</b> Third Avenue United Church 13 <sup>th</sup> Avenue & 102 <sup>nd</sup> Street

## Prince Albert

<b>SUNDAY</b> 7:00 pm C	<b>SERENITY GROUP</b> 59A 17 <sup>th</sup> Street West
<b>SUNDAY</b> 7:30 pm NS	<b>SWAT</b> 500 – 24 <sup>th</sup> Street East
<b>MONDAY</b> 7:30 pm	<b>FREEDOM</b> 2200—15 <sup>th</sup> Avenue East
<b>TUESDAY</b> 7:30 pm NS C LIT	<b>SWAT</b> 500 – 24 <sup>th</sup> Street East
<b>WEDNESDAY</b> 7:00 pm C	<b>SERENITY GROUP</b> 59A 17 <sup>th</sup> Street West
<b>FRIDAY</b> 8:00 pm C	<b>SWAT</b> 500 – 24 <sup>th</sup> Street East
<b>SATURDAY</b> 7:30 pm	<b>FREEDOM</b> 2200—15 <sup>th</sup> Avenue East

### Meeting Description

<b>C</b>	Closed
<b>CO</b>	Open, last meeting of month
<b>O</b>	Open
<b>CN</b>	Candle light
<b>WC</b>	Wheelchair accessible
<b>LIT</b>	Literature study